

Taylor Allan Unstoppable 7 Moves - Notes

- Catch, face up, see the entire floor, make a fake move then your real move.
- Kill pull-up – off the bounce, attack the lead foot (with the non-dribble foot), go very hard between the legs, the back foot comes up for a shot (a freeze pull-up).
- Fadeaway jumper – a) spin – two back-down dribbles towards the middle, drop step baseline away from the basket, spin and shoot, b) jab or cross jab, step back for the shot, c) fade on a pull-up jump shot (Dirk – one-foot fade, off the back foot).
- Step back – the great equalizer, get him moving in one direction, your inside foot goes between his stance, step back for the shot, create a lot of space (he lands outside-inside foot).
- Head and shoulder crossover (Iverson) – totally displace your defender, between the legs momentum dribble, hop (off the lead foot, land 1-2, a gallop step), cross back and go.
- Long jab – his favourite move off the catch, long jab to displace, then a crossover seal step (a normal step), attack.
- Look off (John Wall) - off the bounce, step with the dribble foot, throw the ball across (a long crossover – throw across, throw it past him, not a short crossover).
- Float (Tony Parker) - a two-foot floater (a half floater), last dribble off the inside foot, quick drop into a hop step, a momentum shot.
- Cross-jab - jab across your body at the lead foot (open him up, change the lead foot), come back into a shot.
- See
 - www.hoopsplaybook.ca/dribbling/kevin_oneill_moves.html
 - www.hoopsplaybook.ca/dribbling/5star_triple_b.html
 - www.hoopsplaybook.ca/shooting/5star_in_the_box.html

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